

August 2026

August 2026							September 2026						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30			
30	31												

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 3 9:00am Bridge 9:30am Painting Class 1:00pm Mah Jongg/1:30 Yoga 5:30pm WW*	4 10:00am Bingo 12:30pm Cards 1:00pm Bunco	5 9:00am Sheepshead 10:30am Tai Chi 1:00pm Speaker: Caption Call	6 9:30am Diamond Painting 1:00pm cribbage 1:30pm Strength & Flex 5:30pm Pumped & Powerful	7 9:00am Grief Group 11:00am Tai Chi 12:00pm Double Deck Pinochle 12:30pm Outdoor Games
10 9:00am Bridge 9:30am Painting Class 1:00pm Mah Jongg/1:30 Yoga 5:30pm WW*	11 10:00am Bingo 12:30pm Cards 6:00pm Garden Club	12 9:00am Sheepshead 10:30am Tai Chi 1:00pm Speaker: GLP 1's	13 9:30am Diamond Painting 1:00pm Cribbage 1:30pm Strength & Flex 5:30pm Pumped & Powerful	14 9:00am Grief Group 11:00am Tai Chi 12:00pm Double Deck Pinochle 12:30pm Outdoor Games
17 9:00am Bridge 9:30am Painting Class 1:00pm Mah Jongg/1:30 Yoga 5:30pm WW*	18 10:00am Bingo 12:30pm Cards	19 9:00am Sheepshead 10:30am Tai Chi 1:00pm Jam Session	20 9:30am Diamond Ptg/Dominos 1:00pm cribbage 1:30pm Strength & Flex 5:30pm Pumped & Powerful	21 9:00am Grief Group 11:00am Tai Chi 12:00pm Double Deck Pinochle 12:30pm Outdoor Games
24 9:00am Bridge 9:30am Painting Class 1:00pm Mah Jongg/1:30 Yoga 5:30pm WW*	25 10:00am Bingo 12:30pm Cards	26 9:00am Sheepshead 10:30am Tai Chi 11:30am Alzheimer's Group 1:00pm Book Club	27 9:30am Diamond Ptg/10am/crafts 1:00pm Cribbage 1:30pm Strength & Flex 5:30pm Pumped & Powerful	28 9:00am Grief Group 11:00am Tai Chi 12:00pm Double Deck Pinochle 12:30pm Outdoor Games
31 9:00am Bridge 9:30am Painting Class 1:00pm Mah Jongg/1:30 Yoga 5:30pm WW*	Sep 1	2	3	4

***Weight Watchers**

Burlington Senior Activity Center
587 E State St, Burlington, WI. 53105-1570

Dine In Lunch Program
Daily at Noon 262-833-8766