



BSAC NEWS



A Season to be Grateful



Happy Fall to you All!

Hello friends. Welcome to my favorite newsletter issue. This is when we take the time to thank all our Board of Directors staff, donors, and volunteers who have made the senior center a welcoming second home for older adults. Throughout these pages, we will have pictures and names of some of our wonderful team members that have made us who we are today.

Most importantly, we are grateful to the people who visit the center. It is your energy and enthusiasm that has made this center grow. There is nothing that personally gives me more joy than when I see a senior participating in an exercise class, creating a piece of art, or enjoying dinner and a show at our supper-club. Thank you for being you and thank you for supporting us.

Our primary purpose at the center is to battle loneliness in seniors. The surgeon general suggested that loneliness is deadlier than cancer. Loneliness in seniors is not a new thing, but it was exasperated by the Covid 19 virus because many of the programs and activities available at places like churches and community organizations faded away. So, the Senior Center was in the right place at the right time, and we've since grown by over 200%. We are here solely for seniors to have a place to go and be active. Again, thank you for being part of our Senior Center Family.

This is a good opportunity to speak about the growth at the senior center. We have gone from serving approximately 300 visitors a month to over 1600 currently. When I started working at the center in September of 2021, our programs consisted of 3 exercise classes, a couple of card groups, and a once-a-month Jam Band. We now have 5 exercise classes and over 60 events and activities available for seniors each month.

We gratefully acknowledge United Way of Racine County. Their funding of our programs has given our seniors a whole new outlook on life. We could not have grown as we have without them.

On that note, we would like to announce our newest grant from United Way of Racine County's Community Workforce Fund. It is called "A Day at the Movies". This program will provide free matinee experiences complete with popcorn, beverages and a snack on selected Friday afternoons for people 50 years and older. We are partnering with Plaza Theatre 4 in Burlington. The program will begin in 2026; details will be announced in January.

Stay Active!

Patti Rosenberg
Executive Director

BSAC Property

The Burlington Senior Center officially acquired our Property on October 3, 2025, at the signing ceremony at City Hall.



Present at the signing are (from left to right)

Atty. Patrick DeMoon, Executive Director Patricia Rosenberg, Board Chair Kathy Baumeister, Mayor Jon Schultz, Atty. Elaine Sutton Ekes

Our Management Team



Executive Director Patti Rosenberg and Coordinators: Marge Luedeke, Kat Urban, and Kim Olsen

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Barb Quick

If you would like to receive a free copy of the Newsletter, please either call or send an email to:

262-716-0329

bsac@burlingtonseniorcenter.com



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**Burlington Senior Activity Center & Friends of
Waterford Library Present Dinner and a Show.**



**“Beehive”
Fireside Theatre Fort Atkinson, WI**

Thursday January 15, 2026
Cost: \$133.00
Registration Deadline –December 12, 2025.



**“On Your Feet”
The Drury Lane Theatre, Oakbrook, IL**

Wednesday, February 25, 2026
Cost: \$133.00
Registration Deadline –February 2, 2026



**“Medieval Times”
Medieval Times, Schaumburg, IL**

Thursday, March 26, 2026
Cost: \$98.00
Registration Deadline –March 9, 2026

All trips include gratuity and have Transportation.
Please call the center for details or check our website
www.burlingtonseniorcenter.com



**Trip to the Milwaukee Rep, November 12th
Checota Powerhouse Theater**



Everyone had a great time and enjoyed lunch at Maders.



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TAI CHI Classes



Ron Pfeiffer, Master Tai Chi Instructor teaches Tai Chi classes at BSAC every Wednesday of the Month at 10:30 am and on Friday at 11:00 am. The benefits of Tai Chi are to improve cognitive function, achieve better balance and increase leg and back strength.

YOGA, FLEX & STRENGTH INSTRUCTOR HANNAH SMAGE



Hi, I'm Hannah most people know me as the Energizer Bunny or Mrs. Sunshine. My passion for health and wellness began when I was back in high school and became a big part of my life because it has changed mine. Which developed my love for helping people with the physical and mental aspects of their lifestyles. I believe everyone approaches exercise and health differently and I like to help find

what approach works best for that individual. Some of my specialties are functional movements, mobility, yoga, biking, posture, strength, bodyweight, balance, flexibility, holistic nutrition, and breath.

Zach Walczak
Director of Sales & Marketing
(262) 914-3188
ZWalczak@encorecares.com

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Pumped & Powerful with Physical Therapist Jennifer Norris



Thursday's at 5:30pm

Combine standard resistance and balance training to build functional ability and independence. Challenge your strength and coordination in a fun and controlled setting. Meet new friends and modify or progress your exercise with a local physical therapist!

Please come join us, no sign up necessary.

"PAINTING FOR THE SOUL" with JUDY SCHOUTEN



Monday's 9:30am to 11:30am

An award-winning retired Occupational Therapist, Judy brings a therapeutic approach to learning how to draw and paint. She will help you find your true self in her approach to creating a masterpiece. She will help you discover your talent as she taught herself to rediscover hers. Like her, you will learn to see the world with an artist's eye and be able to bring that to life on canvas.



All supplies are supplied. A \$2 donation is requested to attend activities at the center.

General Schedule

We are open from 9AM to 3PM. Stop by today to pick up a monthly schedule of Center activities.
 Burlington Senior Activity Center • 587 E. State Street, Burlington, WI 53105 • 262-716-0329 • burlingtonseniorcenter.com

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Bridge 9:30 Painting Class 1:00 Mahjong 1:30 Yoga 5:30pm Weight Watchers	10:00 Bingo 12:30 Cards 1:00 Bunco	9:00 Sheephead 10:30 Tai Chi 5:30 Crazy Crafts Club	9:00 Foot Care Clinic 9:30 Diamond Painting 1:00 Cribbage 1:00 Strength & Flex 5:30pm Pumped & Powerful	9:00 Bridge 9:30 Grief Group 11:00 Tai Chi Closed at Noon
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9:00 Bridge 9:30 Painting Class 1:00 Mahjong 1:30 Yoga 5:30pm Weight Watchers	10:00 Bingo 12:30 Cards	9:00 Sheephead 10:30 Tai Chi 11:30 Alzheimer's Group 1:00 Book Club	9:30 Diamond Painting 10:00 Crafts (call ahead) 1:00 Cribbage 1:00 Strength & Flex 5:30pm Pumped & Powerful	9:00 Bridge 9:30 Grief Group 11:00 Tai Chi Closed at Noon

Center Volunteers



Sue Olsen



Carol Fettes & Barb Quick



Debbi Michalski



Debbie Menting



For more information & to reserve a meal call
 262-833-8766

WISCONSIN ELDER ADULTS AT-RISK HELP LINES

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After hours: 262-638-6741

Kenosha County Center for Aging and Long-Term Care

Daytime Hours: 8:00 - 5:00

Daytime Phone: 262-638-6353 After Hours Phone:

262-657-7188

Aging and Disability Resource Center (ADRC)

Racine County 262-833-8777 or 866-219-1043

Kenosha County 262-605-6646 or 800-472-8008

Walworth County 262-741-3200 or 800-365-1587

Walworth County Department of Human Services

Hours: 24 Hours Phone: 262-741-3200



Center Volunteers



Shirley Mishleau, Dawn Collova, Jo Turner



Marlene Recknagel



Judy Bratz



Rich Kuzelka , Kat Urban,
Elaine Stewart & Jay Hager

The End of the Road

As we approach the end of the road,
Many old stories get retold.
Facts are skewed with passing years
And memory lapses do appear.
Aches and pains aplenty accompany
us along the trail.
It's one thing or another as we move on day-by-day...
Doctor visits by the score
Come on in, you need some more.
Pills are the answer, just pile them on.
That's the same old medical song.
Friends keep dropping day-by-day.
Our answer is when we'll be on our way.
Thinking about years gone by
Makes the time fly quickly by.
And yet inside this weathered hide
There still romps the lad that lives inside.

Written and submitted by: Vince Ripp



SHEEPSHEAD

Sheepshead is a trick-taking card game related to the Skat family of games. It is the Americanized version of a card game that

originated in Central Europe. Seasoned players play Sheepshead on Wednesday mornings starting at 9:00 am. Beginner and intermediate players are welcome on Tuesday afternoons with Chocolate City Card Club at 12:30.



The Nifty Fifty Bowling League has open enrollment every Friday at 1pm at the Town and Country Lanes in Burlington now throughout the season which ends in April 2026.



If you are over fifty years old and want to make new friends and get some exercise, please join us and have fun.

We bowl at the Town & Country Lanes at 264 S. Pine Street in Burlington on Friday Afternoons.

Practice at 12:45 pm Bowling at 1:00 pm

If you don't want to bowl every Friday at 1pm, then you may sign up to be a substitute and bowl when you want to bowl. Whichever you choose, you will have fun. How do I know? I have been bowling for over a decade, and some members have me beat by years. Remember: It is fun.

\$10.00 /week. Call Rich for more information on 651-676-123 or show up to watch us on Friday @ 1PM.

This is a great way to join active seniors in getting some exercise while developing lasting friendships.

BINGO

Bingo is played at the center every Tuesday at 10:00 am. Our locally famous Bingo Callers extraordinaire, Sandy Schimek & Bev Scott, are worth listening to without the prizes.



They keep you guessing, laughing and singing... It's fun coming to Bingo, even if you aren't winning prizes. Our regulars find us amusing and join us in our antics. Barb Quick, our Newsletter columnist, volunteers at Bingo and is the best at organizing the prizes, treats and popcorn.

Yes, we have a popcorn machine that pops fresh popcorn, donated by our State Representative, Robin Vos. Thanks Robin!

Cake Day is the second Tuesday of each month. Donations of prizes gladly accepted!

BUNCO



Now playing 1st Tuesday of every month at 1:00pm.

Center Volunteer



Jackie Kastergen

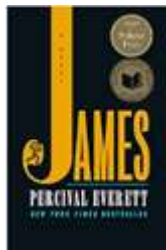
Book Club

BSAC book club meets on the 4th Wednesday of every month at 1:00 pm. Any questions or to sign up, call Barb at 262-763-6002.

December 3

James

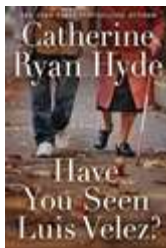
Percival Everett



January 28

Have you seen Luis Velez

Catherine Ryan Hyde



February 25

The secret war of Julia Child

Diane Chambers



March 25

Daughters of Shandong

Eve J. Chung



HAPPY 101st BIRTHDAY!!



Bob Kohot

Proud to Host

The following groups and clubs meet at our Center. Please refer to the Monthly calendar, as meeting dates can vary.

Alzheimer's Support Group

If you are a caregiver for someone with Alzheimer's and other types of dementia and looking for support, this group is for you. During that hour, we share our stories as we solve problems together or just listen to each other. You are welcome to join us for coffee and conversation. We meet the 4th Wednesdays of the month at 11:30.

Garden Club

The Burlington Area Garden Club consists of over 50 members with gardening enthusiasts from Racine, Kenosha, and Walworth counties in Southeast Wisconsin. We share a passion and appreciation for all aspects of gardening, including perennials, annuals, water gardens, fruits, herbs, and vegetables. We are involved with various community gardening projects such as maintaining the Lehn Legacy Garden, the Burlington Public Library Garden which include Fairy Gardens, Wehmhoff Park, and the Civil War Monument at the cemetery. We meet on the 2nd Tuesday of the month at 6:00pm. They do not meet in January and February.

Mahjong

Come join our friendly group for American Mahjong. Like Rummy it is played with 3 or 4 players using 152 tiles. It is a game of skill, strategy, and luck. We welcome all levels of players. We meet every Monday at 1:00 pm.

Meals On Wheels

In-house dining has returned Monday through Fridays at noon. Call 1-262-833-8766, if you are interested or want to volunteer as a driver.

Weight Watchers

Meet on Mondays at 5:30 pm at the center. Email: debra.olkives@ww.com

Crazy Craft Night

1st and 3rd Wednesday of the month 5:30pm-7pm

Whether you knit, crochet, draw, color, or any other craft we would love to have you come to the Crazy Craft Night. This is an opportunity to work on your projects and have conversations. A suggested donation of \$2 per person is appreciated to use the space. Bring snackers or dinner. We hope to see you there. Any questions? Call Corina Marie on 262-210-9697.

Arts & Crafts Prolongs Lives.

Coordinator, Marge Leudeke does a great job of designing and teaching fabulous crafts once or twice a month on Thursday Mornings, check your calendar or stop in to see what's on the schedule next.



Clay Craft Workshop



Pumpkin Craft



GRIEF WORKSHOP



“CALM THE CHAOS”

A look into grief and how it is different for each of us and how we cope.

Grief Support Group with
TAMMY BEARDSLEY
GRIEF SPECIALIST
FRIDAYS 9:00AM

Grief Specialist, Tammy Beardsley has a master's degree in social work. She has years of experience as a social worker for Aurora Hospice and recently transitioned to a position as a Grief Support Specialist.

Tammy's goals and aspirations are to assist people dealing with the loss of a loved one by providing resources and emotional support as they work through their grief to find a new normal in their life. Loss of any kind is difficult to maneuver, but the most important things to remember is you are not alone and there is no time frame for your grief.

United Way of Racine County Annual Fundraising Campaign



Patti Rosenberg, Executive Director of the Burlington Senior Center presented to Tracy Blom, Investor Relationship Manager of United Way of Racine County a check for \$580 which was raised by the Senior Center for their annual fundraising campaign.

LOOKING FOR VOLUNTEERS

The Burlington Senior Activity Center is always looking for volunteers. If you have a little time to give, we have a place for you. Please share your interests with us and call 262-716-0329.



Center Volunteers



Dick Lodle



Jill Lodle



Sharon Borla



Kay Wagner



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Racine County

DEAR COMMUNITY MEMBER,

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At the Burlington Senior Activity Center, your support helps keep programs like Connect & Thrive going strong. This program brings together fitness, education, social activities and support that promote both physical and mental well-being. It is about staying active, building friendships and improving quality of life through meaningful connection. Your gift also helps support activities like the Supper Club, where members share meals and conversation that brighten their week and strengthen our community.

That is the power of community. That is the power of donors like you.

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When you give to United Way, you are helping people of all ages in Racine County get the support and opportunities they need to thrive. Every gift makes a real difference in our community.

Please consider making your gift today at engage.unitedwayracine.org/BSC, scanning the QR code below or by returning the pledge form at the bottom of this letter.

Thank you for your support and for helping make Racine County a better place for everyone.

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Yes, I want to support our community. My total annual gift is \$_____

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X _____
Signature (required for credit card authorization) Date

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BSAC25



I can't believe the holiday season is fast approaching. I offer 2 choices of dinner: 1. Take it. 2. Leave it.

Supper Clubs

September and October, we had Country and Blue Grass music. It's great that our committee gives us a variety of entertainment. Something for everyone. For us, "older folks", I've requested some Doo-Wop. It's being looked into.

November Supper Club: Corks n' Classics. This is the second time they've been here and the third time I've seen them. Each time with a different venue. Christmas songs were played by request. Put us in the mood. Libby performed with somebody else at one time. When Jim retired, they began performing together. Corks n' Classics, Libby and Jim Wilcox, hope they can come back next year.

Trips

Trip to Checota Power House Theatre in Milwaukee to see the performance of "Come From Away", based on the movie, The day the World came to Town! This was a very unique production. Minimum props and no fancy costumes. The cast was fantastic. Story Line contained happiness, sadness, comedy, and music. One of the best shows I've ever seen. Trip escorts, Jackie Kastengren and Kim Olsen took such good care of their sheep as usual. Thanks girls. Thank you also to Kay Wagner for being my "caregiver".

Well, Happy Holidays my friends. God willing and if the creek don't rise, see you all next year. Love Yah!

Food for Thought:

Does a straw have one hole or two?
If tomatoes are fruit, is ketchup Jam?

Until next time. Bye!

Halloween Bingo



What's Happening at the Center

Supper Clubs



Mike Bucholtz, Sep 13



KR Bluegrass, Oct 11



Cork & Classic, Nov 8





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Historic Lambeau Field, Green Bay Packers Hall of Fame, September 10



We spent the day exploring Lambeau Field, home of the Green Bay Packers!!

Everyone had a great time and enjoyed the tour and the terrific meal at the 1919 Kitchen & Tap.



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of Racine County



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The Volunteer Center of Racine County's AmeriCorps Seniors RSVP Program connects people 55+ who want to find fun and fulfilling opportunities with the organizations in their local community that need them most.

AmeriCorps Seniors RSVP members receive:

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- Quarterly newsletter, appreciation events and gifts.
- Mileage Reimbursement for applicable programs.
- Free supplemental accident, liability, and auto liability insurance while serving.
- SATISFACTION and JOY from seeing the positive impact you make in the lives of others and the difference you can bring about in your community.

Volunteers are able to serve with the programs/teams that interest them the most. They can match their current skills or develop new ones. Volunteers dedicate as little as one hour a month or as much as they are able.

For more information on being a VOLUNTEER contact:
Maggie Herrin @ 262-598-4770
mherrin@volunteerracine.org

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