

**Burlington Senior Activity Center**  
**262-716-0329**

**Open: 9am - 3pm**  
**Monday thru Friday**

[www.burlingtonseniorcenter.com](http://www.burlingtonseniorcenter.com)

# September 2023

September 2023							October 2023						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
					1	2	1	2	3	4	5	6	7
3	4	5	6	7	8	9	8	9	10	11	12	13	14
10	11	12	13	14	15	16	15	16	17	18	19	20	21
17	18	19	20	21	22	23	22	23	24	25	26	27	28
24	25	26	27	28	29	30	29	30	31				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 28	29	30	31	Sep 1 9:00am Bridge/grief group 1:00pm Bunco 1:30pm Flex and Strength
4 Labor Day (United States) 4:30am CLOSED	5 9:00am WW* 10:30am Bingo 12:30pm Cards	6 9:00am Sheepshead 10:30am Tai Chi 1:00pm Wii Bowling	7 9:00am Tell Your Story 9:00am Foot Care Clinic 1:00pm cribbage 1:30pm Yoga Move	8 9:00am Bridge/grief group 1:30pm Flex and Strength
11 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga 5:30pm WW*	12 9:00am WW* 10:30am Bingo 12:30pm Cards 6:30pm Garden Club	13 9:00am Sheepshead 10:30am Tai Chi 1:00pm Painting Class	14 10:00am craft with Sandy 1:00pm Crafts - Carl & Mary 1:30pm Yoga Move	15 9:00am Bridge/grief group 1:30pm Flex and Strength
18 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga 5:30pm WW*	19 9:00am WW* 10:30am Bingo 12:30pm Cards	20 9:00am Sheepshead/World Wed. 10:30am Tai Chi 1:00pm Jam Session 6:45pm Car Club	21 9:30am Dominoes 1:00pm cribbage 1:30pm Yoga Move	22 9:00am Bridge/grief group 1:30pm Flex and Strength
25 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga 5:30pm WW*	26 9:00am WW* 10:30am Bingo 12:30pm Cards	27 9:00am Sheepshead 10:30am Tai Chi 11:30am Alzheimer's Group 1:00pm Book Club	28 9:00am Tell Your Story 1:30pm Yoga Move 3:00pm Farmers Market/downtown	29 9:00am Bridge/grief group 1:30pm Flex and Strength

**\*Weight Watchers**

**Burlington Senior Activity Center**  
**587 E State St, Burlington, WI. 53105-1570**

**Meals on Wheels Lunch Program**  
**262-833-8766**