

Burlington Senior Activity Center
262-716-0329

Open 9am to 3pm
Monday thru Friday

www.burlingtonseniorcenter.com

January 2023

January 2023

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan 2 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga 5:30pm WW*	3 9:00am WW* 10:30am Bingo 12:30pm Cards	4 9:00am Sheepshead 10:00am Advisory Board 11:00am Tai Chi 1:00pm Wii Bowling	5 9:00am Foot Care Clinic 10:00am crochet/knit grp 1:00pm cribbage 1:30pm Movement w/ Music	6 9:00am Bridge 1:00pm Bunco 1:30pm Flex and Strength
9 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga 5:30pm WW*	10 9:00am WW* 10:30am Bingo 12:30pm Cards	11 9:00am Sheepshead 11:00am Tai Chi 1:00pm Wii Bowling	12 8:00am Board Meeting 9:30am Movie 1:30pm Movement w/ Music	13 9:00am Bridge 1:30pm Flex and Strength
16 Martin Luther King Day (United) 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga	17 9:00am WW* 10:30am Bingo 12:30pm Cards	18 9:00am Sheepshead 9:30am World/Grief Specialist 11:00am Tai Chi 1:00pm Jam Session	19 9:30am Dominos 10:00am crochet/knit grp 1:00pm cribbage 1:30pm Movement w/ Music	20 9:00am Bridge 1:30pm Flex and Strength
23 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga 5:30pm WW*	24 9:00am WW* 10:30am Bingo 12:30pm Cards	25 9:00am Sheepshead 11:00am Tai Chi 11:30am Alzheimer's Group 1:00pm Book Club	26 10:00am Crafts 1:30pm Movement w/ Music	27 9:00am Bridge 1:30pm Flex and Strength
30 9:00am Bridge 1:00pm Mahjong 1:30pm Yoga 5:30pm WW*	31 9:00am WW* 10:30am Bingo 12:30pm Cards	Feb 1	2	3

***Weight Watchers**
Farmers Market 3-7pm
Downtown Burlington

Burlington Senior Activity Center
587 East State Street, Burlington, WI. 53105

Meals on Wheel lunch program
262-833-8766