

Burlington Senior Activity Center

587 E. State Street

Burlington, WI 53105

262-716-0329 Open Monday- Friday 9:00 am 4:00 pm

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29	30	31	1 9:00 Foot Care Clinic 12:00 Lunch 1:30-2:30 Exercise Class	2 9:00-11:00 Bridge & Cards 12:00 Lunch 1:30-2:30 Yoga	3	4
5 9:00-11:00 Bridge & Cards 12:00 Lunch	6 9:00 Trip: STATE FAIR 12:00 Lunch 12:30-4:00 Cards	7 10:00 Free Breakfast & Talk 11:00 Advisory Board 12:00 Lunch 5:30-Softball	8 10:00-11:30 Bingo 11:30 B/P Check 11:30 Cake Day 12:00 Lunch 1:30-2:30 Tai-Chi	9 9:00-11:00 Bridge & Cards 12:00 Lunch 1:00-3:00 Bunko 1:30-2:30 Yoga	10	11
12 9:00-11:00 Bridge & Cards 12:00 Lunch	13 8:45 Board Meeting 11:00 Volunteer Meeting 12:00 Lunch 12:30-4:00 Cards	14 12:00 Lunch 1:30-3:30 Painting 5:30 - Softball	15 9:30-11:30 Dominoes 12:00 Lunch 1:30-2:30 Exercise Class	16 9:00-11:00 Bridge & Cards 12:00 Lunch 1:30-2:30 Yoga	17 9:00-1:00 RUMMAGE SALE	18
19 9:00-11:00 Bridge & Cards 12:00 Lunch 1:00 Movie: The Upside	20 12:00 Lunch 12:30-4:00 Cards	21 12:00 Lunch 1:00-3:00 Jam Session 5:30 - Softball 6:30 -Hall Rental	22 10:00-11:30 Bingo 12:00 Lunch 1:00-2:30 Love Thy Neighbor	23 9:00-11:00 Bridge & Cards 12:00 Lunch 1:30-2:30 Yoga	24	25
26 9:00-11:00 Bridge & Cards 12:00 Lunch	27 12:00 Lunch 12:30-4:00 Cards	28 12:00 Lunch 1:00 Movie: The Professor & the Madman	29 12:00 Lunch 1:30-2:30 Exercise Class	30 9:00-11:00 Bridge & Cards 12:00 Lunch 1:30-2:30 Yoga	31	1
2 September	3	4	5	6	7	8

Highlights:

- 8/1 – Starting at 9:00 am - Foot Care Clinic, Sign-up sheet
- 8/6 – 9:00 Trip to State Fair, still a few seats available
- 8/7 – 10:00 Free Breakfast & Talk, Cooking in the home & Healthy Food Choices, Sally Gerson**
- 8/8 – 11:30 Free Cake and B/P Checks
- 8/13 – 11:00 All Volunteer Meeting, please try to come**
- 8/15 – 9:30 Dominoes
- 8/17 – RUMMAGE SALE**
- 8/19 – Movie: The Upside
- 8/28 – Movie: The Professor and the Madman

Come for Fun! Lunch Daily! Yoga Every Friday! Take Home a Book or Puzzle!

